

## Best Gym



**Lifetime Fitness**  
 1551 E. Debbie Lane  
 (682) 517-7766  
 Manager: Sunny Land

It is often said that things are bigger in Texas. The Lifetime Fitness on Debbie Lane takes pride in the fact that it is the largest gym in Texas and the largest Lifetime gym in the country. For the second straight year, Lifetime has won the Best Gym in Mansfield award. And the gym opened in late 2008.

"We have wonderful people that work here and spacious amenities. We offer just about everything," said Whitney Richeson, head of membership services. "It's a total fitness resort; you can work out, swim, get a massage and get your hair cut. We have had the same members since day one, and the new people that join have stayed with us."

## Best Healthcare Facility



**Methodist Mansfield Medical Center**  
 2700 E. Broad St.  
 (682) 622-2000  
 President: Laura Irvine

With 600-plus employees and more than 300 doctors working around the clock, it is clear why Methodist Mansfield won the award for Best Healthcare Facility. And more numbers don't lie: More than 800 babies were born at the hospital in 2009 and patients made more than 37,000 visits. The hospital opened Dec. 27, 2006, and the fifth floor will be open this year.

"We strive to provide excellent health service for the community, and we are thankful for the recognition not just for our health care, but for the human touch we have provided for patients," said president Laura Irvine. "It's a great reflection of the staff and how many lives they have touched in three years."

## Best Donut



**M-Donuts**  
 2270 Matlock Road, Suite 107  
 (817) 473-8883  
 Owners: Kelly and Trevor Park

For the fifth straight year, M-Donuts is the top tasty treat in Mansfield. The breakfast shop doesn't just stop at donuts, though, as it offers fresh sausage rolls and coffee since 2000.

"We only use the best quality stuff. You can't use the cheap ingredients or else you will get what you pay for," said owner Kelly Park. "My husband prepares every donut with care, almost like he was preparing them for his family."

## Best Coach



**Daniel Maberry**  
 Mansfield High School

Mansfield's Daniel Maberry came away with the first Best Coach award in the Best of Mansfield contest. While the award is new, Maberry is not. He has been in the Mansfield school district for 13 years and joined Mansfield High School as an assistant football and track coach when the building opened in 2002. Before moving to Mansfield High, Maberry coached at Worley Middle School.

"This is a tremendous honor. I like to think I have a good relationship with the kids and I really enjoy being around them," Maberry said. "I've loved coaching every sport I've coached. I just enjoy coaching and being around the kids."

# Goe's

## FAMILY RESTAURANT

We appreciate the community support that has made us #1 the last 5 years for **BEST BREAKFAST**



**Largest Selection of Homemade Pies**

Photo Courtesy of the Mansfield News-Mirror

**Mon. – Sat. 6am – 3pm**  
**Sun. 7am – 3pm**

**Catering Available**

**310 Mitchell Road • Mansfield**  
**817-477-3383**